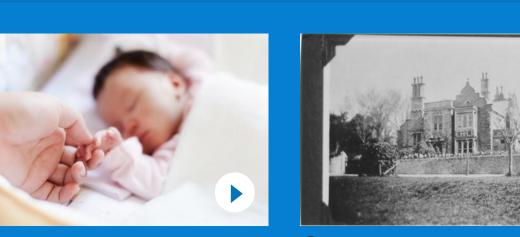


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# Hospital tells staff to use terms 'chestfeeding' and 'human milk'

cluding Cobra and Seville

Other gender-neutral language includes 'person' instead of woman







By **Neil Shaw** Network Content Editor 10:37, 10 FEB 2021

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When you subscribe we will use the information you provide to send you these newsletters. Sometimes they'll include recommendations for other related newsletters or services we offer. Our <u>Privacy Notice</u> explains more about how we use your data, and your rights. You can unsubscribe at any time. Terms like "chestfeeding" and "human milk" are being introduced at an NHS trust in a bid to boost inclusivity.

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Staff have been asked to use gender-neutral language alongside – not instead of – traditional terms to

Brighton and Sussex University Hospitals NHS Trust (BSUH) is the first in the country to use what it calls the

"additive use of gender-inclusive language". A policy document on the trust's website explains that the approach involves "using gender-neutral

language alongside the language of womanhood, in order to ensure that everyone is represented and included". It adds: "Gender identity can be a source of oppression and health inequality.

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to working on addressing health inequalities for all those who use our services."

ensure that all groups are represented.



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"We are consciously using the words 'women' and 'people' together to make it clear that we are committed

The decision was taken following discussions with local, national and international experts in trans and non-binary healthcare as well as trans and non-binary parents who use the trust's services and in the wider

community. The document says: "If we only use gender-neutral language, we risk marginalising or erasing the experience of some of the women and people who use our services.

improve care for women." The language changes do not apply when discussing or caring for individuals in a one-on-one capacity, the

document says. Instead, language and documentation should reflect the gender identity of the individual.

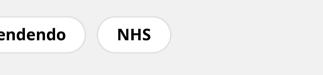
Some of the terms being adopted are: - "Breast/chestfeeding", in place of "breastfeeding";

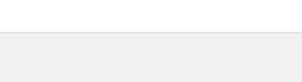
- "Human milk" or "breast/chestmilk" or "milk from the feeding mother or parent", in place of "breastmilk";

- "Maternal and parental" or "maternal/parental", in place of "maternal"; - "Woman or person", in place of "woman".

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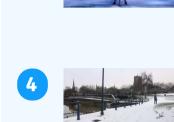
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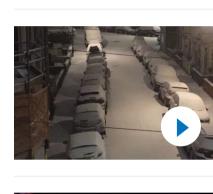
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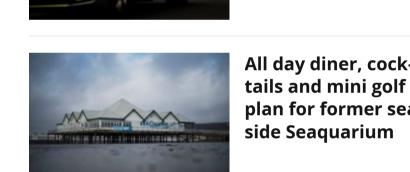
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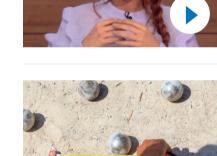
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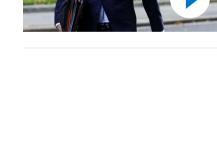


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